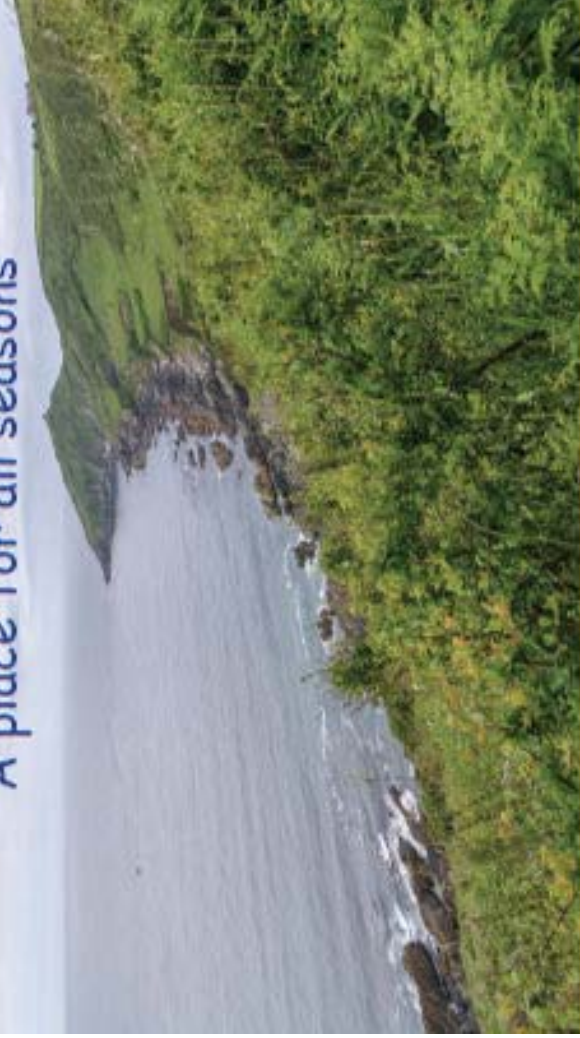


The RAME Peninsula in South East Cornwall

Kingsand, Cawsand, Millbrook,
Whitsand Bay & Mount Edgcumbe

"Cornwall's best kept secret"

"A place for all seasons"



Rame Tourism and Business Association



www.visitrame.com



Enjoy peace and tranquility amidst the unspoilt countryside and coastline of the Rame Peninsula - an Area of Outstanding Natural Beauty.

The Rame Peninsula is the perfect place to visit at any time of the year - truly a place for all seasons. It can be found just over the border from Devon, in the lesser known South East Cornwall, and includes the twin villages of Kingsand and Cawsand, the glorious coastline and sandy beaches of Whitsand Bay, Tregantle, Portwrinkle, the bird watching paradise of St John's Lake and the historic country houses of Mount Edgcumbe, Port Eliot and Antony House.

Kingsand and Cawsand

In the charming villages of Kingsand and Cawsand, where the colour washed cottages dating back centuries line the narrow streets, you'll find quaint shops and galleries, friendly pubs and cafes serving great food, as well as several B and Bs and a range of self catering accommodation to house you. These facilities are also found in other parts of the peninsula.

Mount Edgcumbe and Cremyll

The Estate covers 865 acres and offers hours of pleasure exploring the formal gardens, national camellia collection and the parkland and coastal paths. The house, which dates back to the 1500s and was restored after the second world war, is open to the public.

Whitsand Bay

Whitsand Bay is simply stunning with its sheer cliffs, dramatic scenery and sandy beaches where surf lessons are given, coastguards keep watch and families can enjoy a great day out. There are three places to eat and look out to sea, where HMS Scylla lies providing a diving reef and The Eddystone Lighthouse can be seen in the distance.





Annual Festivals and Events on the Peninsula:

New Year's Eve - Fancy dress celebrations around the village.

New Year's Day - Charity swims.

May Bank Holiday - The Black Prince festival.

July - Annual Gig and Sailing Regattas, Lite Festival at Port Eliot.

August - Classic Car Festival at Mount Edgcombe.

Local Art Exhibitions.

September - Morris Dancers - Day of Dancing.

December - Christmas Fayre at Mount Edgcombe.

Live music can be heard each weekend in one or other of the pubs.

Relax, Enjoy and Explore.

Beaches - sandy beaches at Whitsand Bay, Tregantle and Portwrinkle with sandy/shingle beaches at Cawsand, Kingsand and Cremyll.

Eating Out - we have a wonderful selection of local pubs, cafes and restaurants - something to suit everyone's taste and budget.

Art - we have several excellent art galleries showing and selling work by local and internationally renowned artists. There are many brilliant locations to inspire artists and photographers.

Bird Watching - St John's Lake is a designated area of SSSI

Sailing - there are many opportunities to go sailing or to bring your boat and anchor up in the protection of Penlee Point as many sailors have done before you.

Shopping - we have a selection of locally run shops, a Post Office and beach shops which will meet many of your needs. Plymouth (a short ride on the 'Weston Maid' ferry from Cawsand Beach to the Barbican) Truro, Liskeard and Tavistock are all reachable within an hour.

Walking - explore the country estates, local villages and coastal paths. The Coastal Path begins at Cremyll and passes through the Edgcombe Estate, on to Penlee, Millbrook Lake and Rame Head with its 14th century chapel and along Whitsand Bay. We have a circular walk via the 'Weston Maid' published on our web site. There is also a walk at Whacker Quay.





Fishing - join a local fishing trip or catch your own off the rocks.

Camping and Caravanning - sites are available at Maker Heights, Rame and Whitsand Bay Holiday Park.

Golf - available at Whitsand Bay, St Mellion and several other courses.

And for the more adventurous.....

Surfing - Wind surfing - Paddle boarding - Body boarding -
Water skiing - Sailing - Kayaking - Hang gliding - Sea Angling -
Diving - Day sailing on an ancient cutter - The Longest zip wire
in Europe and Go karting near Liskeard.

Other nearby attractions and places to visit:

Bodmin Moor and Dartmoor.

Dartmoor zoological park, Monkey Sanctuary near Looe.

Eden Project, Looe, Fowey and Polperro - 1 hour away by car.

National Trust Houses of Antony, Cotehele and Lanhydrock.

National Marine Aquarium in Plymouth's Historic Barbican and

The Royal William Yard are only a short ferry ride away.

If you are visiting the area to attend a wedding at Polhawn Fort, Mount Edgcumbe or Maker Heights allow yourself a few extra days to explore this beautiful peninsula -
once found never forgotten.





Explore the Rame Peninsula in
South East Cornwall

Get the App and
start exploring



The chosen location for the
Mike Leigh film 'Mr Turner'.





How to get to Kingsand and Cawsand. By Car

Via the Torpoint Ferry:

Take the A38 to Plymouth and follow signs towards Torpoint. Take the ferry and drive through Torpoint on the A374 to the village of Antony (3 miles). Bear left at The Carew Arms towards Millbrook/Whitsand Bay. Parking for Cawsand is just outside the village. To park in Kingsand continue round passing the fort on your left and then turn right following the sign for Kingsand. The car park is down the hill to the right of The Halfway House.

Via the Tamar Bridge:

Take the A38 to Plymouth and cross the Tamar bridge. Stay on the A38 to Treerlefoot roundabout. Take the first left to Torpoint on the A374. Travel through the village of Polbathic, and after approx. 2 miles turn right to Crafthole. Here you need to bear left at the mini roundabout towards Millbrook and Whitsand Bay.

After 3 miles take the turning for Whitsand Bay and follow the instructions above.

OR by the Cremyll ferry from Plymouth or Cawsand ferry - the 'Weston Maid' from the Barbican

Sat Nav Co-ordinates: Lat 50.3333 Lon -4.2020

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